

GOAL 4: Educational nutrition information shall be shared with families and the public to positively influence the health of students and community members.

Objective 1: The District will communicate information about district-wide food and nutrition programs to families and the community.

Action Steps	Methods for Measuring Implementation
<ul style="list-style-type: none"> • Child Nutrition Department will provide information about and access to Free and Reduced Meal Applications. • Child Nutrition Department will make nutritional information for school menus available on the District website. • Child Nutrition Department will post healthful food messages in print media, newsletters, school lunch menus, and on the District website. • District-wide food and nutrition programs will be posted on the District website. • Public Relations Department will communicate district-wide food and nutrition programs as needed. 	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Annual Campus Wellness Committee Report <p>Resources needed:</p> <ul style="list-style-type: none"> • Child Nutrition Department website • FBISD District website <p>Obstacles:</p> <ul style="list-style-type: none"> • Access to resources • Staff attrition

Objective 2: The campus will communicate information about campus food and nutrition programs to families and the community.

Action Steps	Methods for Measuring Implementation
<ul style="list-style-type: none"> • Campus staff will encourage community members to attend school-based health fairs or wellness events. • Campus food and nutrition programs will be posted on the campus website. • Campuses will send communication to families and the community about campus food and nutrition programs with flyers, call outs, or e-mails to notify them of upcoming events. 	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Annual Campus Wellness Committee Report <p>Resources needed:</p> <ul style="list-style-type: none"> • Child Nutrition website <p>Obstacles:</p> <ul style="list-style-type: none"> • Access to resources • Staff attrition

Objective 3: The district will research opportunities to offer additional food and nutrition programs to students, families and the community.

Action Steps	Methods for Measuring Implementation
<ul style="list-style-type: none"> • The Child Nutrition Department will attend professional learning conferences and leadership meetings to identify additional food and nutrition programs that will benefit Fort Bend 	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Annual Campus Wellness Committee Report <p>Resources needed:</p>

<p>ISD students, families and the community.</p>	<ul style="list-style-type: none"> • Food and Nutrition Program Resources <p>Obstacles:</p> <ul style="list-style-type: none"> • Access to resources • Staff attrition
<p>Objective 4: Child Nutrition Department will regularly post on the District website the monthly elementary and middle school breakfast and lunch menus with nutritional information.</p>	
<p style="text-align: center;">Action Steps</p>	<p style="text-align: center;">Methods for Measuring Implementation</p>
<ul style="list-style-type: none"> • Child Nutrition Department will make nutritional information for school menus available on the District website for the following levels: elementary breakfast and lunch, middle school breakfast and lunch, and high school breakfast. • Child Nutrition Department will post school lunch menus on the District website for the following levels: elementary breakfast and lunch, middle school breakfast and lunch, and high school breakfast. 	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Annual Campus Wellness Committee Report <p>Resources needed:</p> <ul style="list-style-type: none"> • Child Nutrition Department website <p>Obstacles:</p> <ul style="list-style-type: none"> • Access to resources

Nutrition Education Goal 4